Otley Primary Care Network introduction

Summary of report

Otley PCN has a very old population compared to Leeds or most other PCNs, far fewer adults under 45 and far more above 45, with fewer children, and the population is aging over time. Virtually all the population live in the least deprived parts of Leeds, and "BAME" patients are far less prevalent than the rest of the city.

GP recorded conditions are generally excellent except for cancer and common mental health issues which are significantly above Leeds. Cancer rates tend to be higher in less deprived populations, this is thought to be due to earlier presentation and improved survival rates. Frailty rates are some of the lowest in any PCN, and mortality in under 75s is lower than almost any other PCN. Life expectancy predictably is very good.

Practices in this PCN when this report data was made

This report uses GP recorded data for groups of practices called Primary care networks (PCNs). Most of the data in this report represents the combined registered populations of the practices making up the PCN. Collating and producing data for this report was concluded in early 2020 when the PCN memberships had been stable for some time. The following practices were aggregated to create PCN data for this profile:

B86029 Westgate Surgery - One Medicare, B86032 Chevin Medical Practice, B86070 Aireborough Family Practice

PCN footprints

PCN footprints: Some data - Life Expectancy for instance - cannot be made by registered populations and instead is produced for the *area* that the PCN covers which is called its *footprint*. A PCN footprint is the area of Leeds where the PCN has more registered patients than eny other PCN. Data reported by footprints represents all patients living in the area regardless of which PCN they are registered to. PCN footprints do not overlap and cover the entirety of Leeds.

Deprivation in this report

The Index of Multiple Deprivation 2019 (IMD2019) is used in this report to relate differences in health data to variations in patient environments. Each PCN has a calculated deprivation score which is created using the **July 2015** practice population size and locations, PCNs are ranked by their deprivation score in many charts to investigate relationships with deprivation. July 2015 population data is used because it matches the denominators used by the IMD2019 itself.

Note that PCN *registered* populations can live far from their GP practice and experience a wide variety of deprivation conditions.

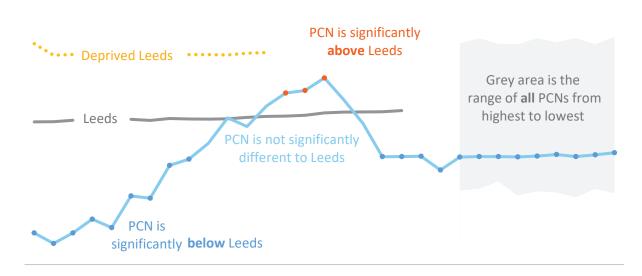
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* Some datasets cannot be grouped by practice and are shown by PCN *footprint* area instead. See Introduction page for more details.

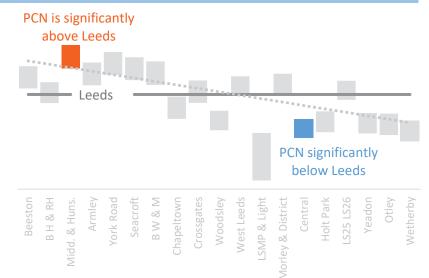
About the charts used in this profile

Charts use consistent colours throughout this profile, and text about the PCN will be in blue. Colours have been chosen to work with the most common forms of colour blindness.

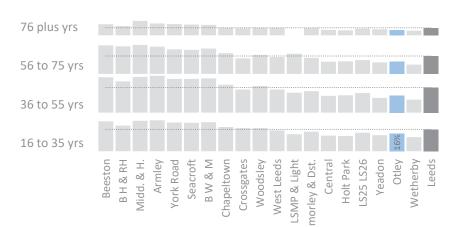
Time series chart example



Comparing rates, PCNs ranked by deprivation example



% of agebands with condition example



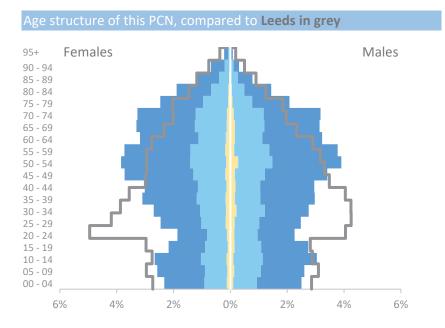
In this chart PCNs are shown in order of deprivation with the **most deprived on the left**. Middleton & Hunslet PCN is orange because it is significantly higher than Leeds, Central PCN is significantly lower than Leeds and therefore blue.

The dotted line is a best fit through all PCN rates and in this case slopes downward because less deprived PCN populations have lower rates.

The proportion of each ageband with this condition. In this example more deprived PCN populations have larger rates in all agebands but the rate is quite steady for over 75s in all PCNS.

Leeds is shown as dark grey bars and dotted lines, the chosen PCN is highlighted in blue and the ageband with the highest prevalence in the PCN is labelled with prevalence percentage.

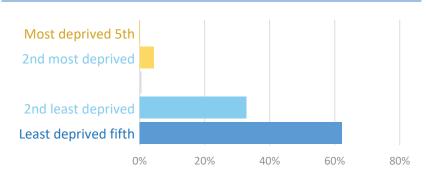
Age structure and deprivation compared to Leeds



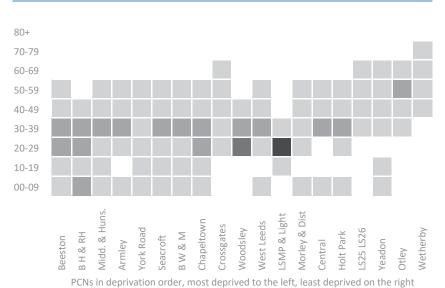
The age and genders proportions of this PCN are shown as shaded areas. The colours correspond to deprivation levels in Leeds as in the chart below.

Otley Primary Care Network is very different to Leeds with far fewer aged 15-44, and many more patients aged from 45-84.

Deprivation in this PCN population



Lees deprived PCNs have older populations



Leeds can be divided into five groups, from most to least deprived.

Most patients in this PCN live in the least deprived parts of Leeds. A small number are in the second most deprived.

This table shows the agebands that dominate PCN populations. The least deprived PCNs have populations that are less diverse in age.

The 50-59 ageband is the largest in this PCN.

greater than or equal to 30%greater than or equal to 20%greater than or equal to 15%greater than or equal to 11%

PCN ethnicity change over time

Ethnicity is recorded in very high detail by Leeds GPs, when aggregated it can provide a simple picture of the population changing over time.

How these details are grouped to make Black and minority ethnic (BAME) can effect the outcome. These charts compare the "White British" group with all remaining ethnic types combined into BAME. The third category shows patients with no recorded ethnicity, this has steadily improved in Leeds helping to reveal the true picture.

PCN BAME change over time

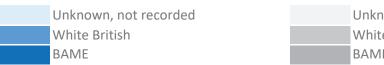
In 2020 this PCN has a very much smaller proportion of BAME patients than Leeds. 6% compared to 29%

The PCN has a very low BAME proportion and improvements in recording have only added "White British" to the picture.

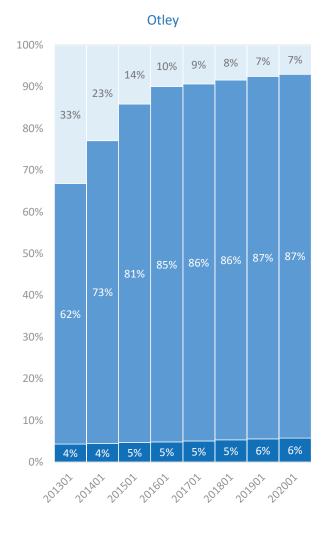
Leeds BAME change over time

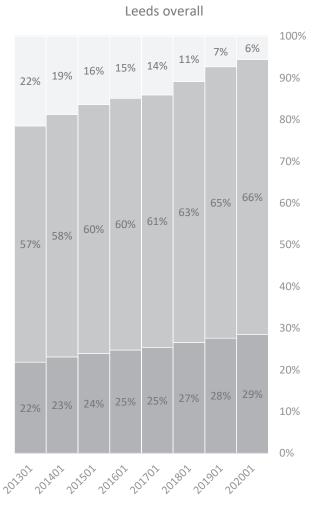
29% of the Leeds registered population falls into the BAME category in 2020.

Improvements in recording have resulted in increases for both the "White British" and "BAME" categories.



Unknown, not recorded White British BAME





Health and wellbeing profile

Population change over time - the very young, and the elderly

PCN population age change over time In 2020 this PCN has a smaller proportion of young patients than Leeds, 10% compared to 12%

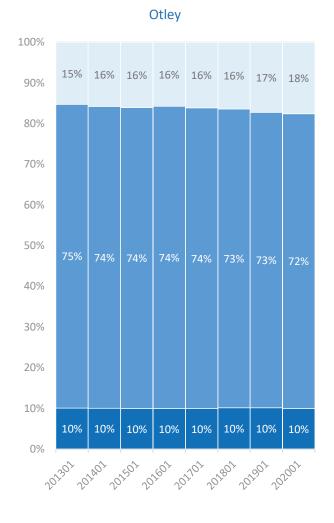
In terms of the older population, 18% of the PCN are aged 70 or more - larger than Leeds at 11%

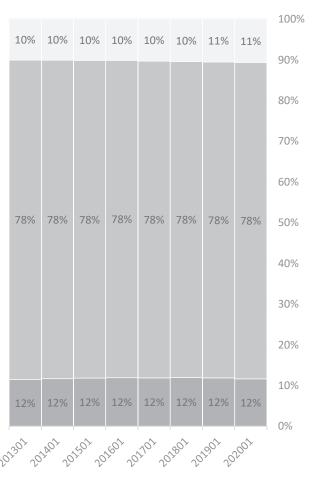
Leeds population age change over time

Leeds registered patients are remarkably stable in terms of the overall proportions of the youngest and oldest agebands.

The over 70s group has only increased from 10% to 10.6% in the chart below but that is a change in number of people from 80,465 to 92,065.

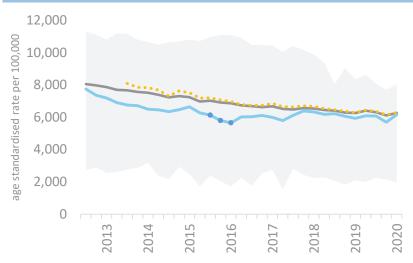






Leeds overall





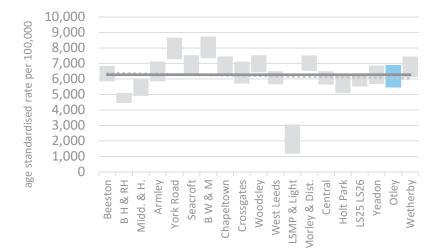
In a time series we can see that generally rates have been falling for many years.

This PCN has levelled off in recent years and now more or less matches the city rate.

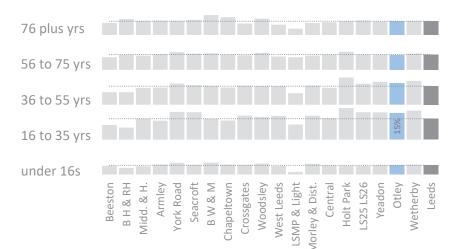
Deprived Leeds is barely different to Leeds overall, and falling at the same speed.

Overall, in January 2020, rates of asthma in children don't display a relationship with deprivation - the grey dotted line is virtually horizontal.

Under 16s rates compared (January 2020) - ranked by deprivation



Asthma is more common in less deprived populations (January 2020)



The proportion of each ageband who have asthma. In general it is more prevalent in middle aged groups in less deprived PCN populations.

This PCN has well above average asthma rates in 16 to 55 year agebands.

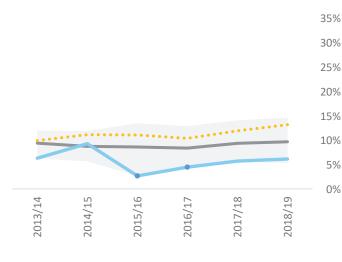
The ageband with the highest asthma rate in this PCN is 16 to 35 years, with a rate of 15%

Child obesity in Reception and Year 6

Obesity % - Reception over time

Leeds has hovered around 10% obesity in Reception classes for years. Deprived areas are higher and rising steadily, while the PCNs are slowly diverging.

Reception rates in this PCN are the lowest in the city, sometimes significantly lower too.



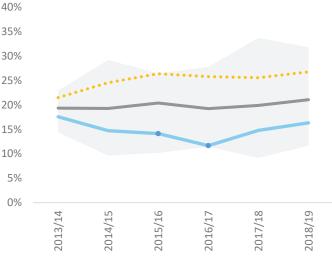
Obesity % - PCNs reception in 2018-2019

Reception rates of obesity are higher for more deprived PCNs and lower for less deprived - the chart generally slopes from left to right. The relationship is clear but not that strong.



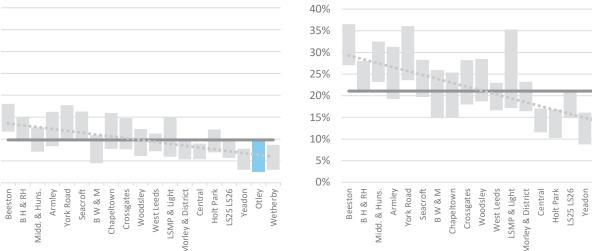
Leeds has risen a little from around 19% to 21% in the chart below, and rates in deprived areas are much higher.

Year 6 rates are very low and sometimes significantly lower than Leeds.



Obesity % - PCNs Year 6 in 2018-2019

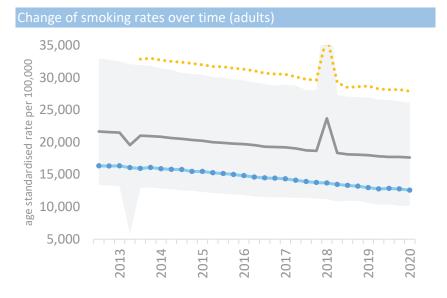
The Year 6 data has a much stronger relationship with deprivation - the dashed line slopes steeply, and around half of PCNs have a higher Year 6 rate than the highest Reception rate.



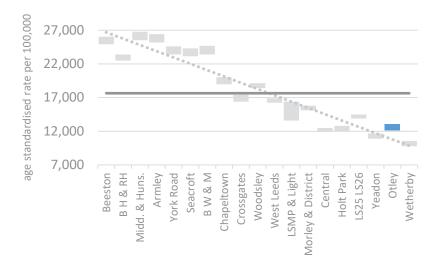
PCN NCMP data shows the students resident inside the PCN footprint, regardless of where their school is located. NCMP data is collected annually and sent to NHS Digital for national collation. NHS Digital return the processed data to local authorities and this is presented here.

Otley Vetherby

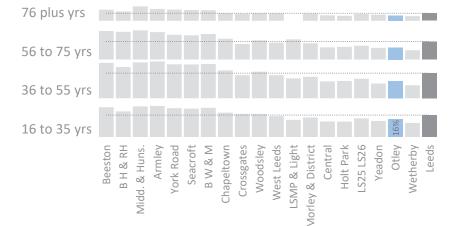
Smoking (adults)



Adult rates compared (January 2020) - ranked by deprivation



Smoking is more common in all age groups as deprivation increases



In a time series we can see that rates have been falling steadily for many years.

This PCN is very low compared to Leeds rates and may be falling more quickly too.

Deprived Leeds is very different to Leeds overall with much higher rates of smoking, however it is falling more quickly than Leeds overall.

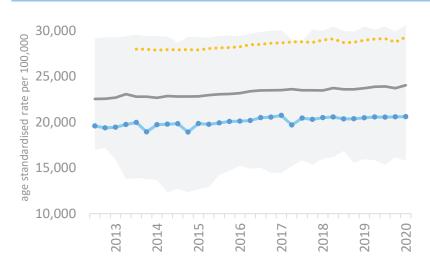
Overall, in January 2020, rates of smoking display an extremely strong relationship with deprivation - the grey dotted line slopes sharply.

The proportion of each ageband who smoke. More deprived PCN populations generally have larger smoking rates in all agebands.

This PCN has reasonably low smoking rates in all agebands.

The ageband with the highest smoking rate is 16 to 35 years, with a rate of 16%

Obesity (adults where BMI>30)



In a time series we can see that rates have been rising slowly for many years.

This PCN is very low compared to Leeds rates and is rising at the same rate.

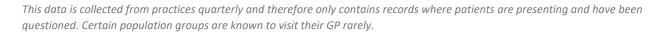
Deprived Leeds is much higher than Leeds overall, and rising at the same speed.

Overall, in January 2020, rates of adult obesity display a reasonably strong relationship with deprivation - the grey dotted line is sloped but there is variation.

The proportion of each ageband who are obese. More deprived PCN populations generally have larger obesity rates in all agebands. Older agebands tend to be more obese. This PCN has below average obesity rates in 36 to 75

The ageband with the highest Obesity rate is 56 to 75 years, with a rate of 27%

agebands.

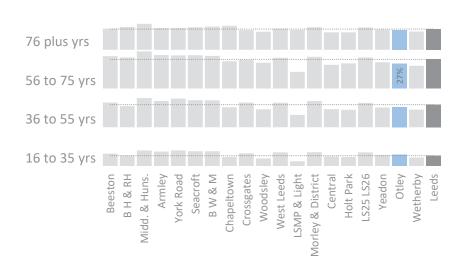


35.000 age standardised rate per 100,000 30,000 25,000 20,000 15,000

Armley

/ork Road Seacroft BW&M Chapeltown Crossgates Woodsley West Leeds SMP & Light **Morley & District**

Beeston BH&RH Midd. & Huns.



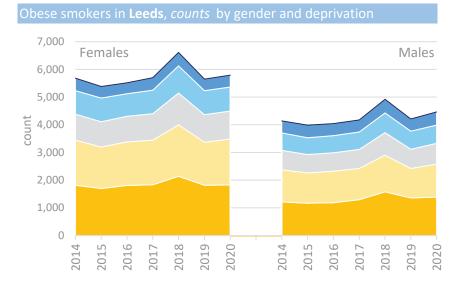
10,000 5,000 0

Yeadon Otley

Wetherby

Central Holt Park S25 LS26

22/06/2020

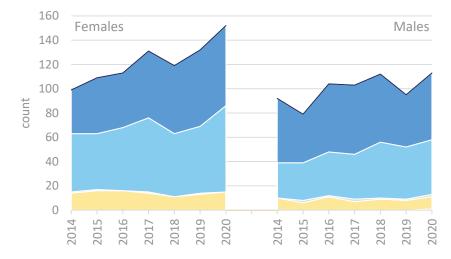


In January 2020 there were 10,252 Leeds registered and resident patients recorded as being obese and current smokers.

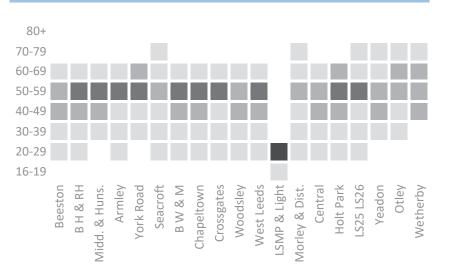
56% of these patients are female.

These charts show the numbers gradually rising since 2014, and the most deprived 5th of Leeds (dark orange) has always had the most patients.

Obese smokers, counts in this PCN by gender and deprivation



Obese smokers are older in less deprived PCNs



In this PCN...

These charts show the number of obese smokers in this PCN, by gender and deprivation.

Female obese smokers outnumber males as usual, and both sexes are increasing in number steadily over time.

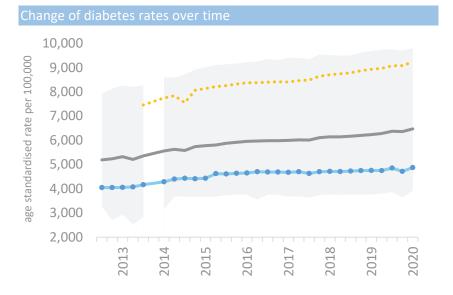
Interestingly males in the least deprived areas seem to be the only group that hasn't increased over time.

This table shows the agebands within each PCN that contribute the most to the PCN total of obese smokers.

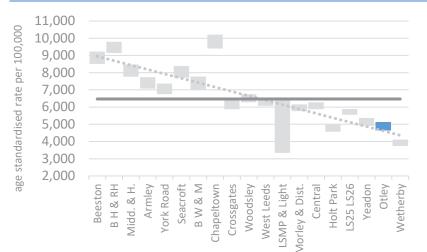
For instance, the 50-59 ageband contains between 25% and 30% of the obese smoker population for most PCNs.

greater than or equal to 30% greater than or equal to 25% greater than or equal to 20% greater than or equal to 10%

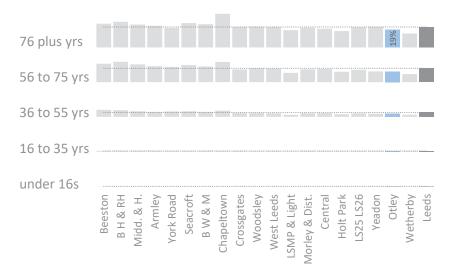
Diabetes (all ages)



Rates compared (January 2020) - ranked by deprivation



Diabetes in older age is more common as deprivation increases



In a time series we can see that rates have been rising steadily for many years.

This PCN is very low compared to Leeds rates and is rising more slowly.

Deprived Leeds is much higher than Leeds overall, and rising more quickly.

Overall, in January 2020, rates of adult diabetes display a very strong relationship with deprivation - the grey dotted line is clearly sloped.

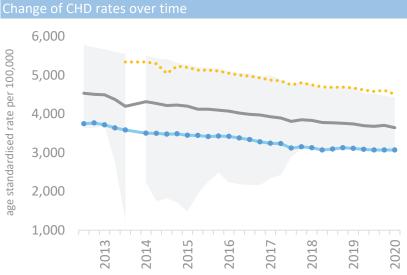
The proportion of each ageband recorded with diabetes. In general it is more prevalent in older age groups in more deprived PCN populations.

This PCN has slightly below average diabetes rates for most agebands.

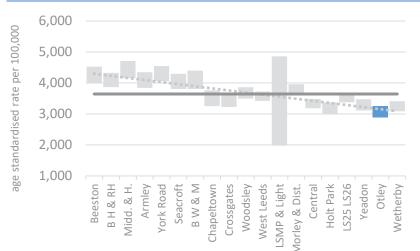
The ageband with the highest diabetes rate is 76 plus years, with a rate of 19%

Coronary heart disease (CHD) all ages





Rates compared (January 2020) - ranked by deprivation



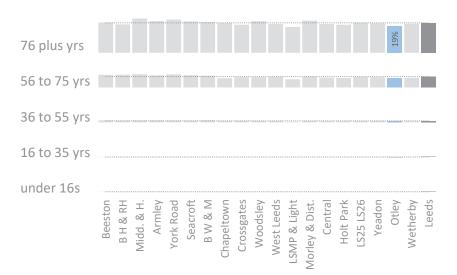
In a time series we can see that rates have been falling slowly for many years.

This PCN is very low compared to Leeds rates and is falling at about the same speed.

Deprived Leeds is much higher than Leeds overall, and falling slightly more quickly.

Overall, in January 2020, rates of CHD display a clear relationship with deprivation the grey dotted line is clearly sloping.

CHD in older age is slightly more common as deprivation increases

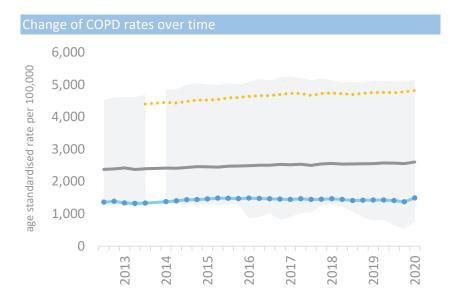


The proportion of each ageband recorded with CHD. It is very prevalent in the oldest age groups, slightly more so in more deprived PCN populations.

This PCN has below average CHD rates for all agebands.

The ageband with the highest CHD rate is 76 plus years, with a rate of 19%

Chronic obstructive pulmonary disorder (COPD) all ages



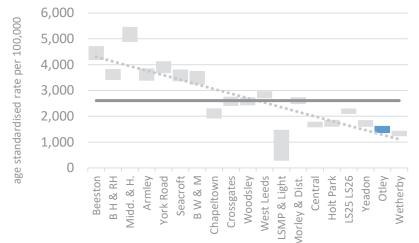
In a time series we can see that rates have been very slowly increasing for many years.

This PCN has been significantly below the Leeds trajectory for years and is more or less static.

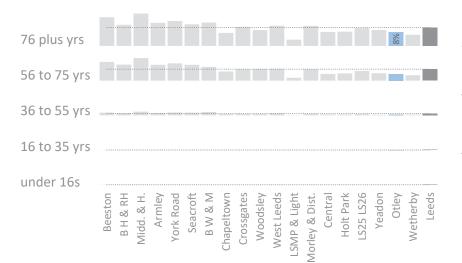
Deprived Leeds is much higher than Leeds overall, and rising while Leeds is almost static.

Overall, in January 2020, rates of COPD display a very strong relationship with deprivation the grey dotted line is clearly sloping.

Rates compared (January 2020) - ranked by deprivation



COPD is more common in older more deprived populations

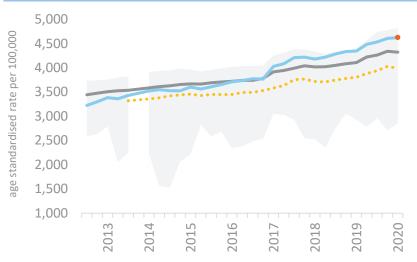


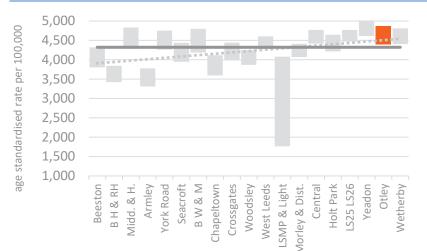
The proportion of each ageband recorded with COPD. It is very prevalent in the oldest age groups, less so in the least deprived PCN populations.

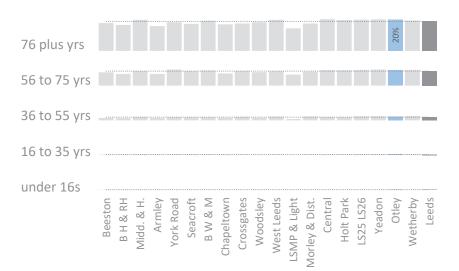
This PCN has below average COPD rates for all agebands.

The ageband with the highest COPD rate is 76 plus years, with a rate of 8%

Change of Cancer rates over time







In a time series we can see that rates have been climbing steadily for many years.

This PCN has been close to the Leeds trajectory for years and is now significantly above it.

Deprived Leeds is lower than Leeds overall, this is thought to be due to higher cancer mortality, possibly a result of late diagnosis.

Overall, in January 2020, rates of cancer display a weak inverted relationship with deprivation - the grey dotted line is sloped slightly showing lower rates in more deprived PCN populations.

The proportion of each ageband recorded with cancer. It is very prevalent in the oldest age groups, more so in the least deprived PCN populations.

This PCN has average cancer rates in all agebands.

The ageband in this PCN with the highest Cancer rate is 76 plus years, with a rate of 20%

Common mental health issues (CMH) all ages

In a time series we can see that rates have been climbing steadily for many years.

This PCN has been significantly above the Leeds trajectory for years and moving at the same speed.

Deprived Leeds is higher than Leeds overall and increasing at the same rate.

2020

Otley

Wetherby

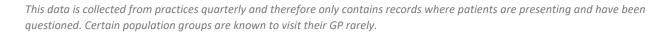
2019

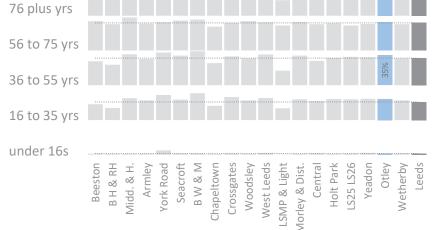
Overall, in January 2020, rates of common mental health don't really display a relationship with deprivation - the grey dotted line barely slopes and PCN rates vary a lot. This may indicate low recording or presentations in some areas.

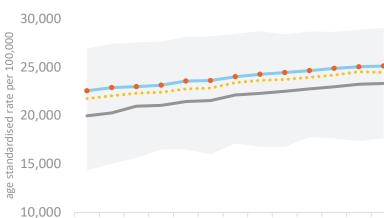
The proportion of each ageband

This PCN has slightly above average CMH rates for most agebands.

The ageband in this PCN with the highest rate of recorded common mental health issues is 36 to 55 years, with a rate of 35%







2018

recorded with common mental health issues. It is very prevalent in most age groups.

2017

30.000

25,000

20,000

15,000

10,000

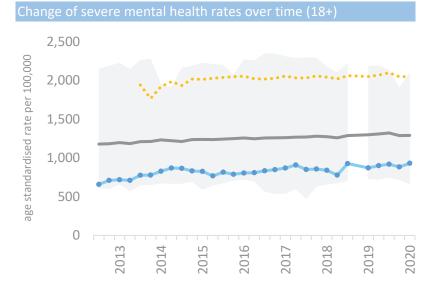
Beeston BH&RH

Armley Midd. & H.

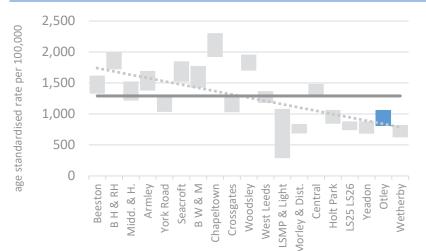
/ork Road Seacroft BW&M Chapeltown Crossgates Woodsley West Leeds -SMP & Light Morley & Dist. Central Holt Park S25 LS26 Yeadon

age standardised rate per 100,000

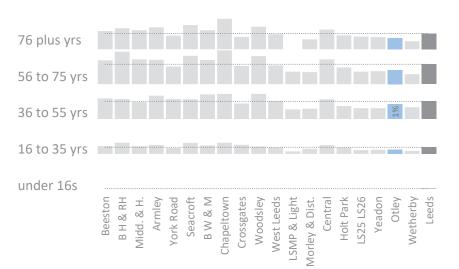
Severe mental health issues (SMH) ages 18+



Rates compared (January 2020) - ranked by deprivation







In a time series we can see that rates have been climbing very slowly for many years.

This PCN has been significantly below the Leeds trajectory for years but is increasing more quickly than Leeds.

Deprived Leeds is much higher than Leeds overall and increasing at the same slow rate.

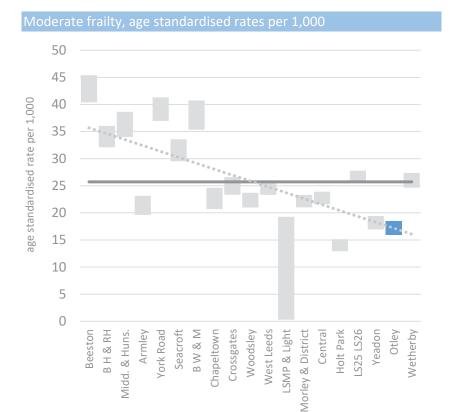
Overall, in January 2020, rates of severe mental health display a very strong relationship with deprivation - the grey dotted line slopes steeply.

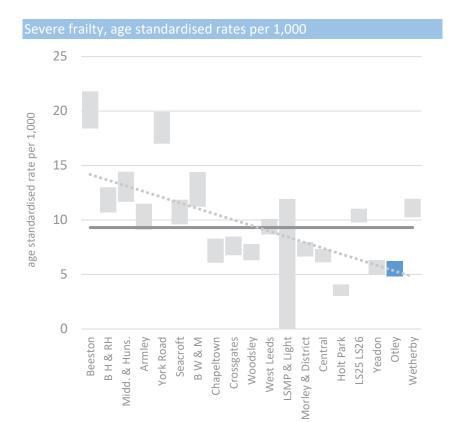
The proportion of each ageband recorded with serious mental health issues. It is prevalent in the older age groups, more so in the most deprived PCN populations.

This PCN has below average SMH rates for all agebands.

The ageband in this PCN with the highest rate of recorded severe mental health issues is 36 to 55 years, with a rate of 1%

Frailty - moderate and severe, March 2019





Moderate frailty rates per 1,000 show a strong relationship with deprivation.

Despite outliers the picture is of higher rates in more deprived PCN populations, and lower rates in less deprived PCNs.

'LSMP & The Light' PCN has a very low rate and a very wide range of confidence, the population contains few elderly patients hence the wide range.

Wetherby PCN however has an average rate of frailty despite its position as least deprived PCN population in the city.

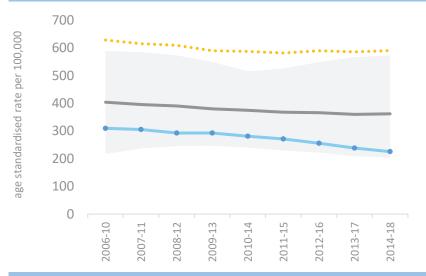
Severe frailty also has a strong relationship with deprivation, and again Wetherby PCN stands out as having a rate well above average.

Age standardisation of this data has removed age as a factor in differences so there is another reason for this. It could perhaps be improved recording or presentation by patients.

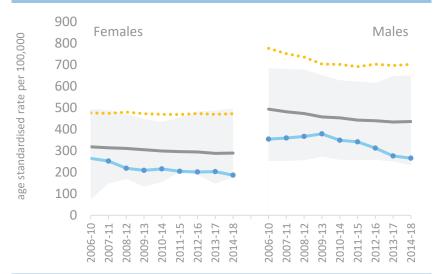
Source: Leeds Data model March 2019

PCN footprints

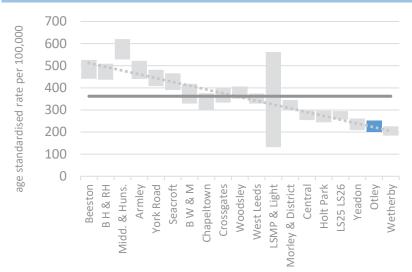




Female and male rates over time



Rates compared (2014-18) - ranked by deprivation



In a time series we can see that rates have been dropping very slowly for many years.

This PCN has always been significantly below the city average, almost lowest in the city, and is recently improving more quickly than Leeds. Deprived Leeds is much higher than Leeds overall and decreasing at the same slow rate.

An overall mortality rate often hides very different rates for the different sexes. Here are the separate female and male rates.

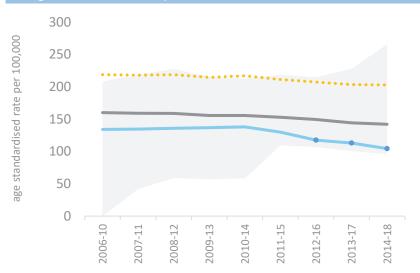
Both mortality rates are far below Leeds, and the male rate has improved a lot recently. Female rates are static.

Overall mortality rates are shown here for all PCNs, there is a strong and consistent link with deprivation where less deprived PCN populations have lower mortality rates.

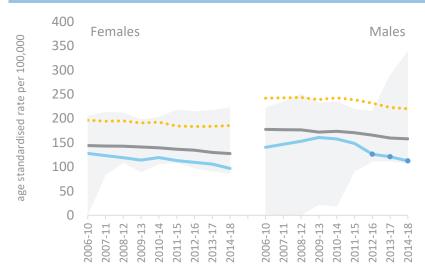
This PCN is where we expect it to be, and is significantly lower than most of the more deprived PCNs.

Cancer mortality (under 75s)

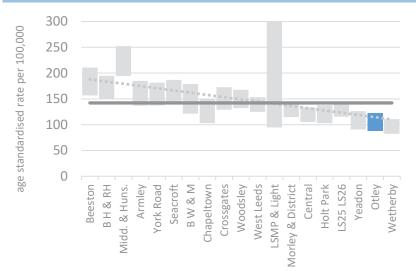
Change in overall mortality rate over time



Female and male rates over time



Rates compared (2014-18) - ranked by deprivation



In a time series we can see that rates have been falling very slowly for many years.

This PCN has been below the Leeds rate for many years, and now significantly so.

Deprived Leeds is much higher than Leeds overall and decreasing at the same slow rate.

An overall mortality rate often hides very different rates for the different sexes. Here are the separate female and male rates.

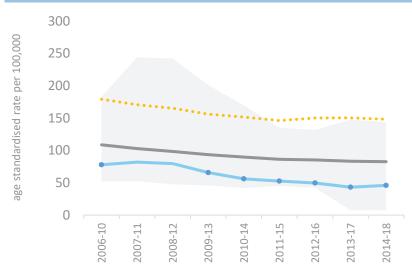
Female rates are improving slowly, male rates though fluctuated and are now improving quickly.

Overall mortality rates are shown here for all PCNs, there is a clear and consistent link with deprivation where less deprived PCN populations have lower mortality rates.

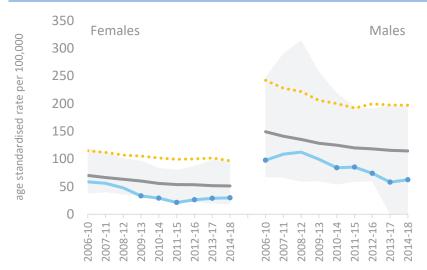
This PCN has a very low rate, and is significantly many more deprived PCNs.

Circulatory disease mortality (under 75s)

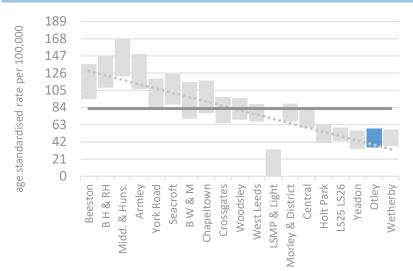




Female and male rates over time



Rates compared (2014-18) - ranked by deprivation



In a time series we can see that rates have been falling very slowly for many years.

This PCN has been significantly below the Leeds rate for many years, and has been falling more quickly.

Deprived Leeds is much higher than Leeds overall and decreasing at the same slow rate.

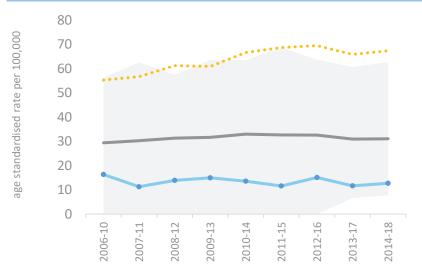
An overall mortality rate often hides very different rates for the different sexes. Here are the separate female and male rates.

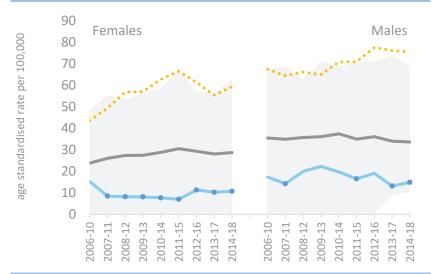
Both sexes are showing recent improvements but are also perhaps levelling off slightly.

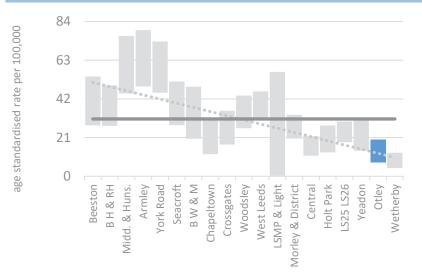
Overall mortality rates are shown here for all PCNs, there is a clear and consistent link with deprivation where less deprived PCN populations have lower mortality rates.

This PCN has a well below average rate that is significantly below thirteen more deprived PCNs.

Respiratory disease mortality (under 75s)







In a time series we can see that the Leeds rate has been rising very slowly for many years.

This PCN has been significantly below the Leeds rate for many years, and falling very slowly while Leeds increases a little.

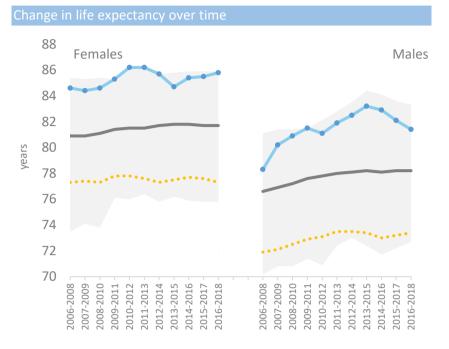
Deprived Leeds is much higher than Leeds overall and increasing much more quickly.

An overall mortality rate often hides very different rates for the different sexes. Here are the separate female and male rates.

Both sexes are generally falling over time and are currently significantly below Leeds.

Overall mortality rates are shown here for all PCNs, there is a relatively consistent link with deprivation where less deprived PCN populations have lower mortality rates.

There is a clear and strong link between deprivation and mortality. This PCN has a well below average rate that is significantly below ten more deprived PCNs.

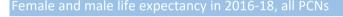


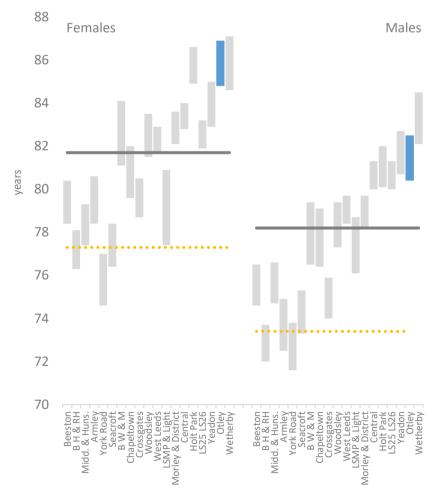
In a time series we can see that rates have been climbing slowly for many years. Male figures are improving more quickly but still generally lower than females. This PCN has been significantly above Leeds levels for a long time, virtually the best in the city, both sexes were improving much more quickly than Leeds, but for falls in males recently. Deprived Leeds is much lower than Leeds overall and more or less static while Leeds slowly improves.

Life expectancy 95% confidence interval ranges are shown here. PCNs are ranked by *footprint* deprivation scores and those with lower deprivation have much higher life expectancy.

The link to deprivation is especially clear for males.

The PCN footprint life expectancy is very high compared to the rest of the city, this is as expected of an area with such low deprivation. Male and female LE are significantly different, even here.





Bars in this chart encompass 95% confidence intervals, Leeds and deprived Leeds have very narrow confidence intervals and can be illustrated with a line. Source: ONS deaths extract, GP registered populations.

